



Nail Care

ELIGIBILITY

Open to active SkillsUSA members enrolled in programs with cosmetology/nail care as the occupational objective.

CLOTHING REQUIREMENTS

Attire acceptable to your field of study (worn in your lab or place of employment) or

For men: Official white polo shirt, black dress slacks, black socks and black leather work shoes.

For women: Official white top, black dress slacks, black socks or black or skin-tone hose, and black leather work shoes.

For models: White shirt/top; black pants; black leather sneakers, work, or dress shoes.

Note: At the district level if a student is not able to wear the official SkillsUSA attire he/she may wear an outfit that would be acceptable in their specific field of study. Please keep in mind that official SkillsUSA attire will be required at the state and national level.

EQUIPMENT AND MATERIALS SUPPLIED BY HOST

1. Disinfectant cleanser (for pre-cleaning)
2. Hand sanitizer (for use by contestant and model)
3. Plastic bags for disposal items
4. Manicure Table
5. Water and soap for finger bowls

EQUIPMENT AND MATERIALS SUPPLIED BY CONTESTANT

1. All students must have a one-page, typewritten resume. (model does not need a resume)
2. Minimum of two disposable protective nail towels (ex. handsdown)
3. All items necessary to complete 2 sculptured acrylic nails. NOTE: Dappen dishes must have covers; monomer, and primer must be from the same manufacturer; two or more of the four basic colors (pink, white, clear, neutral) must be used to complete a two-toned french manicure (white must be used for free edge).

4. All items necessary to complete 3 nails with a blended tip, two of which will be a light-cured enhancement overlay. Can be a hard gel or a hybrid acrylic gel project.

COMPETITORS: must bring their own UV/LED light.

5. All items necessary to complete flat nail art. NOTE: Supplies are limited to polish, lacquers, paints and sealer (see items not allowed). Gel polish may be used for nail art ONLY.
6. Dark red creme lacquer (not gel polish) for acrylic polish application.
7. All sanitation/disinfection supplies
8. Portable kit organizer (to transport all items necessary for the contest)
9. Blood spill procedure materials and guidelines
10. Safety goggles for the competitor and the model



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11. Manicure tools, including bowl and brush

Items Not Allowed

1. Nail Art Accessories: Gems, skins, feathers, rhinestones, glitters, threads, fabrics, foils, beads, tapes, jewelry, air brushing, decals/stencils or cast moldings
2. Free-edge or white tip
3. Tip blenders
4. Electric files/drills
5. Buffing crème

SCOPE OF THE CONTEST - (DEFINED BY THE NATIONAL COMPETITION REGULATIONS)

The contest is defined by industry standards as set by the current industry technical standards. The contest is divided into two parts: a written exam and a series of testing situations designed to assess knowledge in nail care industry standards.

(District Competitions are meant to be a scaled down version of National Competition. It is important for the students to participate in a competition that will reflect a cross-section of the industry skills needed to prepare them for the state and national levels)

KNOWLEDGE PERFORMANCE

The contest will include a skill-related written knowledge test of 25 multiple choice questions assessing knowledge of Nail Care and Infection Control. Contestants will have **20 minutes** to complete the exam. All material can be cross-referenced between Milady and Pivot Point.

SKILL PERFORMANCE

The contest will include a series of technical applications. The areas that will be evaluated are natural nail care, artificial nails, and nail lacquer and art application. Observations during each segment and evaluation of the finished product will be considered in the scoring. Each contest is subject to specific time limitations.

Contest Guidelines

1. Contestants will be assigned a manicure station
2. Contestants will be evaluated on resume' and attire requirements
3. All contestants must keep their working area clean and organized
4. All contestants must follow sanitation and safety procedures throughout the contest.
5. Professional attitude and communication is expected throughout the contest
6. Once time is called, contestants must stop working. Touching the model after time is called will result in three penalty points.
7. All competitors must bring a model for the competition.



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The contest will consist of the following:

1. Natural Nail Care (15 minutes):

- a. Competitors will have 15 minutes to perform natural nail care on one hand including massage.

2. Artificial Nail Application (50 minutes total):

- a. Contestants will perform the following skills:
 - i. Acrylic application using nail form (pink and white technique) - 2 fingers
 - ii. Tip application with light-cured overlay (may be hard gel or hybrid acrylic gel) - 2 fingers
 - iii. Tip with blended application - 1 finger

3. Lacquer/Polish Application and Flat Nail Art (45 minutes):

- a. Apply dark red polish on the 2 sculptured acrylic nails and the 2 light-cured nails.
- b. Contestants will perform a polish application with flat nail art on 4 fingers of their choice. Nail art **MUST** be themed.
 - i. May be performed over the red polish OR red polish may be changed. This is a contestant choice (no additional time is given for polish removal).



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Nail Care Scoring Sheet

Items Evaluated	Possible Points	Contestant Points
Written Test	25	
Natural Nail Care	15	
Acrylic Application w/ form Pink and White technique - 2 nails	60	
Blended Tip (3 nails) with Light-Cured Overlay - 2 nails	60	
Flat Nail Art Themed/Lacquer Application	60	
	Subtotal = 220	
No Resume	Deduction -10	
Safety Penalty	Deduction -10	
Clothing Penalty	Deduction -5	
	TOTAL	

Note: No cell phones or other electronic devices may be used at any time during a competition; this includes using a calculator function on a cell phone for competitions in which calculators are permitted.

Note: Scorecards should only be used as guidance. Changes may occur.



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